

## **FL Venogram**

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

### **What is a Venogram procedure?**

A venogram procedure is used to examine veins of your arm or leg. An x-ray contrast will be injected to outline the veins while x-rays are taken by the radiologist. The exam takes about one hour.

### **Preparation:**

1. You may have a clear liquid breakfast before the exam and then clear liquids until the time of the examination. Contact the Radiology Department at 398-6050 if you have any questions about the diet permitted.
2. Please note: Your medical history may require you to have laboratory blood work completed before the start of this exam. Please consult your doctor to see if this is necessary. If you are over 50, diabetic, or have high blood pressure, blood work will need to be done.
3. Make sure you are not taking blood thinners or are allergic to X-ray contrast. If so, notify your doctor.

### **Procedure:**

1. The radiologist will explain the procedure and answer any questions you have about the exam.
2. A contrast medium will be injected into a vein in your foot or arm as you lie on an elevated table. The radiologist may apply tourniquets to the extremity to allow filling of the deep veins. A saline solution will flush the contrast through the veins.
3. Before you leave the department, the technologist will check the injection site.

### **Follow-Up:**

You may resume liquids and your regular diet unless your doctor tells you not to.

### **PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:**

**A PHOTO ID TO VERIFY YOUR IDENTITY**

**A LIST OF CURRENT MEDICATIONS YOU ARE TAKING**

### **Parking/Registration:**

Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on Ground (G) level.

**Procedure Results (Who interprets the results):**

A radiologist will review the images shortly after the exam is completed. A written report will be sent to your doctor. Your doctor will discuss the results with you. Please allow your physician time to review these results, usually 2 business days after the exam.

**Your appointment date and time:**

Procedure date: \_\_\_\_\_

Procedure time: \_\_\_\_\_ (Please arrive 15 minutes early)