



701 10th Street SE
Cedar Rapids, IA 52403-1292
319 398-6011

FL Arthrogram

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

What is an Arthrogram procedure?

An arthrogram is a Fluoroscopic procedure of the soft tissue structures of joints. The most frequent procedures involve the wrist, shoulder, hip and knee. The radiologist will inject a contrast medium in the area involved and will manipulate the joint to distribute the contrast. Several images will be taken and interpreted by the radiologist.

The procedure takes about 30 minutes. For a triple-stick wrist arthrogram, please allow for a 1-2 hour delay between the first and second injections.

Preparation:

No preparation is necessary for this procedure. Please inform your doctor or the radiology department if you are on blood thinners or are allergic to x-ray contrast. Any recent x-ray films taken elsewhere of the involved joint should be sent to the Mercy Radiology Department before the scheduled exam.

Procedure:

1. The radiologist will explain the procedure and answer any questions you have. You will be asked to sign a consent form before the exam.
2. You will be given a local anesthetic, followed by the contrast medium. The radiologist will carefully exercise the area and will take several images before the procedure is completed.
3. The local anesthetic may make your joint feel better than usual, but do not overuse it.
4. The injection site may be tender for the next several days. Use ice packs for the first 24 hours to prevent swelling.
5. Do not take aspirin. Other pain medication maybe taken. Call your doctor if any problems arise.

PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:

A PHOTO ID TO VERIFY YOUR IDENTITY

A LIST OF CURRENT MEDICATIONS YOU ARE TAKING

Parking/Registration:

Park in the Mercy Medical Center 10th Street Parking Ramp, located at the corner of 10th Street and 8th Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on Ground (G) level.

Procedure Results (Who interprets the results):

A radiologist will review the images shortly after the exam is completed. A written report will be sent to your doctor. Your doctor will discuss the results with you. Please allow your physician time to review these results, usually 2 business days after the exam.

Your appointment date and time:

Procedure date: _____

Procedure time: _____(Please arrive 15 minutes early)