

# Membership options - Pricing structure

## MEMBERSHIP OPTIONS

### FITNESS ORIENTATION

Our fitness orientation helps make sure you get off to a good start. All members receive a comprehensive fitness assessment that provides information on aerobic capacity, muscular strength, flexibility and body composition. The results allow the professional staff to develop a program that accommodates the unique needs and health conditions of members in a way that is safe and maximizes effectiveness.

**It involves three appointments:**

The first appointment is the physical assessment, which includes cardiovascular endurance, muscular strength and flexibility testing. The physical assessment is used to build your customized fitness plan.

The second appointment is with a fitness trainer who explains your recommended fitness plan and shows you how to use the equipment.

The third appointment is a follow-up appointment with your fitness trainer to make sure you're on track and things are going well.

**The cost to all members for the Fitness Orientation is:**

Single	\$80
2 family members	\$160
3+ family members	\$200

The cost of the fitness orientation is less than most fitness centers charge for an enrollment fee. (There is no enrollment fee at Mercy Fitness Center.)

*Sales tax is not included. Memberships are non-refundable and non-transferable.*

### REINSTATEMENT FEE:

Memberships not renewed within three months of expiration will be charged one half of the Fitness Orientation fee. Memberships not renewed within six months or longer of expiration will be charged the full Fitness Orientation fee.

Mercy Fitness Center offers many convenient membership options to meet your needs.

### COMMUNITY

Our community rate is for members of the community at large.

Pricing:	1 member	2 member	3+ Family Member
1 Year Contract Paid Monthly	\$42.00	\$74.00	\$94.50
1 Year Contract Paid in Full	\$454.00	\$799.00	\$1,020.00
3 Month	\$145.00	\$255.00	\$328.00
Month-to-month	\$54.50	\$96.00	\$124.00

### AFFILIATE/CORPORATE/SENIOR:

Pricing:	1 member	2 member	3+ Family Member
1 Year Contract Paid Monthly	\$37.00	\$66.00	\$83.50
1 Year Contract Paid in Full	\$399.00	\$713.00	\$902.00
3 Month	\$128.00	\$226.00	\$288.00
Month-to-month	\$48.00	\$85.50	\$109.00

Adults over age 60.  
 Check with your employer to see if they are a corporate member of the Mercy Fitness Center.  
 Mercy employees and family members\* living in the same household.  
 Active Mercy volunteers.  
 Mercy Acceleration/Athletic Republic graduates. (The Fitness Orientation fee is waived if graduates join within three months of completing an Acceleration/Athletic Republic program. If more than three months have passed, the reinstatement fee will apply).  
 Parents of active Acceleration/Athletic Republic participants.

\*Mercy employees are eligible for discounted rates on 1 year memberships. Please call for details, or visit the Mercy portal then click on Fitness Center for more information.

Enrollment fee \$80.00 each member (maximum of \$200.00) Prices do not include sales tax.

Family members: Immediate family members living in same household. Includes spouse and children ages 12 - 23.

Price subject to change.