



## **Nuclear Medicine: Cisternogram Procedure**

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

701 10th Street SE  
Cedar Rapids, IA 52403-1292  
319 398-6011

### **What is a Cisternogram procedure?**

A Cisternogram is used to evaluate the flow of Cerebral Spinal Fluid throughout the spine and brain.

### **PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:**

**A PHOTO ID TO VERIFY YOUR IDENTITY**

**A LIST OF CURRENT MEDICATIONS YOU ARE TAKING**

### **Preparation:**

1. Nothing to eat or drink 6 hours prior to the exam.
2. No aspirin 10 days prior to the exam.

### **Procedure:**

1. Once you arrive, a Nuclear Medicine Technologist will interview you and a medical history will be obtained.
2. You will be taken to a fluoroscopy room at which time a radiologist will place a spinal needle in the lower back.
3. A small amount of radiotracer will be administered.
4. You will then be taken to the Angio Post-op area and will remain for 2 hours.
5. Imaging will begin 4 hours after injection and last approximately 40 minutes. Additional imaging will occur 24, 48, 72, and possibly 96 hours post- injection.

### **Parking/Registration:**

Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on Ground (G) level.

### **Procedure Results (Who interprets the results):**

A radiologist will review the images shortly after the exam is completed. A written report will be sent to your doctor. Your doctor will discuss the results with you. Please allow your physician time to review these results, usually 2 business days after the exam.

### **Your appointment date and time:**

Procedure date: \_\_\_\_\_

Procedure time: \_\_\_\_\_ (Please arrive 15 minutes early)

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