

Adult Face Mask Directions

General guidelines:

*use cotton fabric with a tighter weave/higher thread count

*use two layers/double thickness of the fabric

*1/8 or 1/4 inch elastic to secure mask over ears

Directions:

1. Cut out two layers of fabric measuring 8" by 14"
2. Sew the two layers together at the **top** and **bottom**, using a ¼" seam allowance.
3. Turn right side out and finger press seamed edges.
4. Mark pleat placement lines on each end.
5. Fold and pin pleats, bringing top line to meet bottom line of each pleat.
6. Sew folded pleats on each side to hold in place.

Finishing side edges:

You can serge the raw edge and fold under ½" and stitch, forming a channel for the elastic.

Or

Bind the raw edges with double fold bias tape and thread the elastic through that.

Cut 2 pieces of ¼" elastic 8" long.

Thread through casing formed by hem or bias tape.

Stitch ends together forming a circle.

Hide stitch edges in casing and tack **one** edge to keep it in place

Finishing:

Sew the dart/tuck in the bottom (through both layers) so that it fits snugly under the chin.

Note: the following tutorial shows how to make a 2-ply mask.

<https://buttoncounter.com/2018/01/14/facemask-a-picture-tutorial/>

*Once completed, please drop off at the 10th Street Entrance of Mercy Hospital.