

MULTI-LINGUAL RESOURCES

Multi-lingual resources from Linn County Public Health and local health systems, Iowa Department of Public Health, Centers for Disease Control and Prevention, and national and global non-governmental organizations.



General Resources

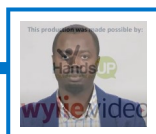
[Linn Area Partners Active In Disaster \(LAP-AID\) Multi-Lingual Resources](#) (Webpage)

Healthcare Resources

[Linn County respiratory clinics](#) (PDF)

Please call first before going to a clinic.

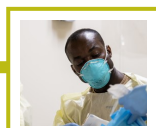
515-216-0654 French	515-216-4329 Lingala	515-216-0611 Swahili	515-216-0712 Karenni	515-216-0143 Karen	515-216-0974 Chin
OR Call the Catherine McAuley Center at 319-731-0445 for: French Kirundi Lingala Spanish Swahili					



Public health information about COVID-19 (YouTube)

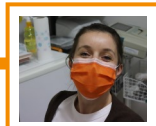
Information from the Iowa Department of Public Health regarding the 2019 Novel Coronavirus (COVID-19) general information, isolation guidance for lowans, and self-isolation.

[Arabic](#) | [French](#) | [Kinyarwanda](#) | [Nepali](#) | [Spanish](#) | [Swahili](#)



COVID-19 fact sheet (PDF)

[Arabic](#) | [Burmese](#) | [English](#) | [French](#) | [Kinyarwanda](#) | [Nepali](#) | [Spanish](#) | [Swahili](#)



Share facts about COVID (PDF)

[English](#) | [Spanish](#)



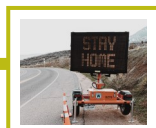
CDC stop the spread of germs (PDF)

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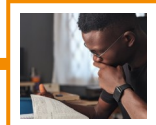
What to do if you are sick (PDF)

[Arabic](#) | [Burmese](#) | [English](#) | [French](#) | [Spanish](#) | [Swahili](#)



Isolation guidance for lowans (PDF)

[Arabic](#) | [Burmese](#) | [English](#) | [French](#) | [Kinyarwanda](#) | [Nepali](#) | [Spanish](#) | [Swahili](#)



What is self-isolation? (PDF)

[Arabic](#) | [Burmese](#) | [English](#) | [French](#) | [Kinyarwanda](#) | [Nepali](#) | [Spanish](#) | [Swahili](#)

Family & Mental Health Resources

[COVID-19 parenting resources in 70 languages](#) (Webpage)

[COVID-19 mental health resources](#) (Webpage)