

MRI Scan-Rectal / Anal Procedure

To Schedule: (319) 398-6794

Questions about Procedure: (319) 398-6050

What is a MRI?

A MRI scan produces dimensional images by using a large magnet and radio waves. It is a way of looking inside the body without using x-rays. A strong magnetic field is created and a radio frequency is beamed into that magnetic field. Measurements of energy from the tissue being scanned are sent to the computer where the screen image will be recorded. Your MRI scan will take approximately 60-90 minutes.

Preparation:

You should not eat or drink anything 4 hours prior to your exam time. You may take your medications with a small sip of water if needed. The day before your exam drink plenty of water so you are well hydrated. Being hydrated will ease the discomfort of the contrast injection.

Patients who are claustrophobic may require oral sedation prior to the MRI scan. Please contact your physician and discuss the use of medication that can be taken at home before the exam. Be aware that you must have someone to drive you to and from the hospital if you are pre-medicated.

Patient's that **MAY NOT** be allowed to have an MRI, please check with your physician:

1. Persons wearing a pacemaker/defibrillator
2. Persons who are pregnant
3. Persons who have brain surgery with aneurysm clips
4. Persons who have metal shrapnel in eyes
5. Persons who have ear implants

PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:

A PHOTO ID TO VERIFY YOUR IDENTITY

A LIST OF CURRENT MEDICATIONS YOU ARE TAKING

Procedure:

It is important to lie still throughout the entire exam as any motion may distort the image. During the exam, you will hear LOUD knocking sounds so you will be given earplugs. This exam requires an enema tip inserted into your rectum and saline will be injected into your rectum/colon. You will be asked to keep the saline in your rectum during the exam. A Glucagon shot will be given to you in your thigh/buttock to slow down bowel movement during the exam. The exam is also ordered with an IV contrast to be given half way through the exam. If you are over 60, diabetic or have high blood pressure, a blood test called Serum Creatinine is needed. This can be done within 30 days prior to the exam or at the time of the exam.

Parking/Registration:

Park in the Mercy Medical Center 10th Street Parking Ramp, located at the corner of 10th Street and 8th Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to “Radiology (X-Ray),” also located on **Ground (G)** level.

Procedure Results:

Please allow 2 business days from your exam for your physician to review your Radiology results.

Your appointment date and time:

Procedure date: _____

Procedure time: _____(Please arrive 15 minutes early)