

# How to Use Neohaler

Patient Education Guide



**Learn with** - An Interactive training - Engaging animations - Your web cam

**Good Inhaler Technique:** -Increases medicine effect - Reduces medicine cost - Reduces ER Visits

[www.use-inhalers.com](http://www.use-inhalers.com)

- For cleaning refer to the patient instructions that accompanies your inhaler.
- Following these step by step instructions will help you to inhale medicine effectively.



**Step1:** Open the cap from the Neohaler.



**Step2:** Hold the base firmly. Tilt the mouthpiece to open it.



**Step3:** Insert the capsule in the base chamber of the Neohaler.



**Step4:** Close the mouthpiece. You'll hear a click when the mouthpiece is closed correctly.



**Step5:** Hold the Neohaler straight up. Press both the buttons once and leave. You'll hear a click. Doing so, makes holes in the capsule and easily releases the medicine, when you are breathing in.



**Step6:** Exhale away from the inhaler.



**Step7:** Keep the Neohaler in your mouth and take a quick and deep breath. When you do this, you'll hear the capsule vibrate.



**Step8:** Hold your breath for 10 seconds. Exhale slowly through your mouth or nose.



**Step9:** Take another breath in through the mouthpiece. This ensures that you get your complete dose of medicine.



**Step10:** Open the inhaler's mouthpiece, remove the used capsule, and throw it away. Do not keep capsules in the inhaler.



**Step11:** Close the mouthpiece and then cover the inhaler.

**Tip:** Remember to rinse your mouth thoroughly after taking your dose and spit out the water.

**Use-inhalers website is a great resource for Asthma and COPD patients. Learn how to use your Inhaler with interactive audio-visual instructions. Practice using the innovative webcam feature.**

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