



701 10th Street SE  
Cedar Rapids, IA 52403-1292  
319 398-6011

## **Fluoroscopy-Arthrogram**

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

### **What is an Arthrogram Procedure?**

An arthrogram is a fluoroscopic procedure of the soft tissue structures of joints. The most frequent procedures involve the wrist, shoulder, hip and knee. The procedure takes about 30 minutes.

For a triple-stick wrist arthrogram, please allow for a 1-2 hour delay between the first injection and the remaining two injections.

### **Preparation:**

No preparation is necessary. Please inform your doctor or the radiology department if you are on blood thinners or are allergic to x-ray contrast. Any recent x-ray films taken elsewhere of the joint to be examined should be sent to the Mercy Radiology Department before the scheduled exam.

You will be asked to sign a consent form before the exam.

### **PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:**

**A PHOTO ID TO VERIFY YOUR IDENTITY**

**A LIST OF CURRENT MEDICATIONS YOU ARE TAKING**

### **Procedure:**

You will be given a local anesthetic, followed by the contrast medium. The radiologist will carefully exercise the area and take several images before the procedure is completed.

### **Follow Up:**

1. The local anesthetic may make your joint feel better than usual, but do not overuse it.
2. The injection site may be tender for the next several days. Use ice packs for the first 24 hours to prevent swelling.
3. Pain medication may be taken. Call your doctor if any problems arise.

### **Parking/Registration:**

Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on **Ground (G)** level.

**Procedure Results:**

Please allow 2 business days from your exam for your physician to review your Radiology results.

**Your appointment date and time:**

Procedure date: \_\_\_\_\_

Procedure time: \_\_\_\_\_

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