



701 10th Street SE  
Cedar Rapids, IA 52403-1292  
319 398-6011

## Fluoroscopy-Voiding Cystourethrogram (VCUG) Procedure

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

### What is a Voiding Cystourethrogram (VCUG) Procedure?

A VCUG is a procedure to evaluate the bladder and check for reflux.

### Preparation:

Varies, depending on if sedation is required. Parents will be contacted as to correct prep. The test takes approximately 30-45 minutes. For pediatric patients, these are done with or without sedation.

IF SEDATION IS REQUIRED, you will need to arrive 1 ½ hours prior to the VCUG appointment time and there will also be recovery time after the procedure is completed.

### PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:

**A PHOTO ID TO VERIFY YOUR IDENTITY**

**A LIST OF CURRENT MEDICATIONS YOU ARE TAKING**

### Procedure:

Contrast is injected through a catheter, which has been placed in the bladder via the urethra. As the bladder fills x-ray images are taken. The bladder will need to be filled until fully distended, which may make the patient feel “full” and some discomfort.

Once the bladder is filled adequately, the patient can either void around the catheter or the catheter may be pulled. Multiple images are taken during this voiding process to determine whether there is reflux or not.

### Follow-Up:

Encourage extra fluids following the test. Contact your physician if symptoms of a urinary tract infection (UTI) develop.

### Parking/Registration:

IF THE PATIENT DOES NOT NEED SEDATION: Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to “Radiology (X-Ray),” also located on **Ground (G)** level.

IF THE PATIENT NEEDS SEDATION: Park in the Mercy Medical Center 8<sup>th</sup> Street Parking Ramp, located at the corner of 8<sup>th</sup> Street and 8<sup>th</sup> Ave. SE. You will be pre-registered, so you can proceed to the **2nd level North Entrance** and follow the signs to “Surgery” also located on the **2<sup>nd</sup> floor**.

**Procedure Results:**

Please allow 2 business days from your exam for your physician to review your Radiology results.

**Your appointment date and time:**

Procedure date: \_\_\_\_\_

Procedure time: \_\_\_\_\_