



## Breast Biopsy Preparation

The Mercy Women's Center thanks you for choosing us to be a part of your care. This is to confirm the appointment for your procedure at the Women's Center on:

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
(day) (date) (time)

When you arrive for your appointment, please use Mercy's free parking ramp for your convenience. A number of parking spaces are reserved on Level 1 for patients using the Women's Center.

Register at the Women's Center approximately **15 minutes before** your appointment.

### Special Instructions:

1. **Use of Medications:** Many medications may cause an increased risk of bleeding with this procedure. **If you are unable to follow these instructions for any reason, your procedure may be postponed.** If you have any questions about the following instructions, please call the **Women's Center at (319) 398-6690** and ask to speak to the nurse.
  - a) **Baby Aspirin (81 mg), Aspirin (325 mg) and any other Aspirin-containing medications** (prescribed or over-the-counter) must be discontinued 7 days prior to the date of your procedure. Examples include aspirin, Excedrin, Ascriptin and Alka-Seltzer. Aspirin (acetylsalicylic acid) is noted as an ingredient in many over-the-counter products.
    - Discontinue starting \_\_\_\_\_
  - b) **Pain-relievers/arthritis medications** should be discontinued 2-4 days prior to your procedure. Please check with your provider or the Women's Center nurse if you are taking of the following medications: Aleve, Naprosyn (Naproxen), Advil, ibuprophen, meloxicam (Mobic), etodolac (Lodine), nabumetone (Relafen), diclofenac (Arthrotec). If you do have pain, you may take acetaminophen (Tylenol) as directed on the label.
    - Discontinue \_\_\_\_\_
  - c) If you are taking **blood-thinning medications**, please talk with your doctor about discontinuing the medication prior to your procedure. This includes medications such as: warfarin (Coumadin), Heparin, clopidogrel (Plavix), rivaroxiban (Xarelto), enoxaparin (Lovenox), apixaban (Eliquis).
    - If you are taking **warfarin (Coumadin)**, please plan to **arrive 60 minutes** prior to your scheduled appointment for lab work
  - d) Most other **prescribed medications** can be taken as usual on the day of your procedure. It is helpful for you to bring a list of your medications, including prescription and over-the-counter medications (including vitamins, herbal products and other supplements).
2. **Eating Breakfast:** You may eat breakfast.
3. **Clothing:** A bra and a comfortable two-piece garment should be worn. Pants are preferable.
4. Many of our patients appreciate the **support of a family member or friend**. It is your choice if you would like to have a support person with you to assist you if needed. You may drive yourself for this appointment.