

How to Use Aerolizer

Patient Education Guide



Learn with - An Interactive training - Engaging animations - Your web cam

Good Inhaler Technique: - Increases medicine effect - Reduces medicine cost - Reduces ER Visits

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- For cleaning refer to the patient instructions that accompanies your inhaler.
- Following these step by step instructions will help you to inhale medicine effectively.



Step1: Remove the Aerolizer cover.



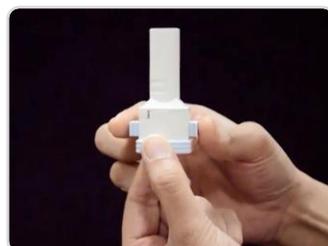
Step2: Hold the base of the Aerolizer firmly. Rotate the mouthpiece in the direction of the arrow to open it.



Step3: Insert the capsule in the base chamber of the Aerolizer.



Step4: Rotate the inhaler's mouthpiece to close it.



Step5: Press both the buttons once. You'll hear a click. Doing so, makes holes in the capsule and easily releases the medicine, when you are breathing in.



Step6: Keep your head upright. Hold the inhaler's mouthpiece horizontally. The buttons should be on the left and right side of the mouthpiece.



Step7: Exhale away from the inhaler.



Step8: Keep the mouthpiece in your mouth and take a quick and deep breath. When you do this, you'll hear the capsule vibrate.



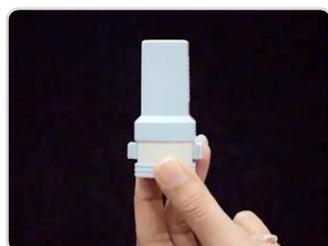
Step9: Hold your breath for 10 seconds. Exhale slowly through your mouth or nose.



Step10: Take another breath in through the mouthpiece. This ensures that you get your complete dose of medicine.



Step11: Open the inhaler's mouthpiece, remove the used capsule, and throw it away. Do not keep capsules in the inhaler.



Step12: Close the mouthpiece and replace the cover.

Tip: Remember to rinse your mouth thoroughly after taking your dose and spit out the water.

Use-inhalers website is a great resource for Asthma and COPD patients. Learn how to use your Inhaler with interactive audio-visual instructions. Practice using the innovative webcam feature.

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