

Ultrasound Hysterosonogram

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

What is an Ultrasound?

Ultrasound is an easy noninvasive way to see internal structures of the body. It sends high-frequency sound waves through the vagina and produces images of the pelvic organs.

A probe, called a transvaginal transducer, is placed in the vagina and sends a brief pulse of sound into the body. When the sound hits the pelvic organs, an echo of the sound travels back to the transducer. A high-speed computer “translates” the echo into an image on the TV monitor.

What is a Hysterosonogram?

In a hysterosonogram procedure, a small catheter is inserted through the cervix into the endometrial canal or central cavity of the uterus. This catheter will be placed by a Radiologist. Once in place, the ultrasound transducer is placed into the vagina and sterile water is injected into the uterine cavity through the catheter. Images of the inner lining of the uterus are obtained with the transvaginal transducer.

Why should I have a Hysterosonogram?

This procedure is performed to get a better image of the lining of the uterus. A hysterosonogram would be recommended by your physician or a Radiologist after an initial pelvic ultrasound showed a possible abnormality of the lining of the uterus.

Will the Hysterosonogram hurt?

Although the vaginal ultrasound is not typically a painful exam, the injection of sterile water into the uterine cavity may cause some cramping, similar to menstrual cramps. These symptoms should subside upon completion of the procedure or shortly after.

Preparation:

There is no preparation involved. Patients will be asked to empty their bladder when they arrive. The exam should be performed between days 6-10 of their menstrual cycle. Postmenopausal patients may be done at any time except if they are having any bleeding the day of the exam.

PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:

A PHOTO ID TO VERIFY YOUR IDENTITY

A LIST OF CURRENT MEDICATIONS YOU ARE TAKING

Parking/Registration:

Park in the Mercy Medical Center 10th Street Parking Ramp, located at the corner of 10th Street and 8th Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to “Radiology (X-Ray),” also located on Ground (G) level.

Procedure Results (Who interprets the results):

A radiologist will review the images shortly after the exam is completed. A written report will be sent to your doctor. Your doctor will discuss the results with you. Please allow your physician time to review these results, usually 2 business days after the exam.

Your appointment date and time:

Procedure date: _____

Procedure time: _____ (Please arrive 15 minutes early)