

Improve Mouth Care in Persons with Dementia

Persons living with dementia can slowly lose their ability to brush their teeth independently, leading to increased risk of cavities, gum disease and other oral diseases. Oral disease can lead to pain, infection, pneumonia, and other life-threatening conditions. It can also cause behavioral symptoms, resulting in additional stress and burden on the caregiver.

The University of Iowa College of Dentistry is developing a program to help persons with dementia keep their mouth healthy while supporting their family caregiver. They invite you to participate in this study involving a mouth care training program.

What happens if I participate?



- You will be assigned to receive one of the two treatments: a mouth care training tailored to your needs or a standard mouth care training
- A team will visit you at home to deliver the mouth care training
- The person with dementia will receive an oral exam at the first visit, 4-week, and 3-month (Each session will take about 30-45 minutes)
- All information you provide to the researchers will be confidential and will not be shared with anyone outside the research team.

What's in it for me?

- Besides oral examinations, you will receive personal coaching on mouth care techniques and how to work with individuals with behavioral symptoms.
- Your contribution may help other persons with dementia and their families.
- You will receive a total of \$150 compensation after completing the study.

If you are interested in participating or would like to learn more, contact:

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