

## Sharps Disposal

- All insulin syringes, pen needles and lancets are sharps and should go into a special container after use.
- Do not try to put the cap back on the needle or try to bend or break the needle. This could cause injuries.
- Choose a container that is very strong so that the needles can't poke through the sides. The lid must close tightly so the sharp items do not fall out if the container is tipped over.

Use these types of containers:

- Plastic bleach jug
- Liquid laundry detergent bottle
- Container especially made for collecting sharps

Do **not** use these types of containers:

- Glass containers because they can break
  - Plastic milk jugs, water bottles, pop or soda bottles, dish soap bottles or other opaque or colored plastic bottles. The plastic in these containers is too thin.
- Keep the container out of the reach of children.
  - When the container gets full, put the lid or cap on tightly and seal with duct tape.

## Where can you dispose of sharps?

Cedar Rapids Solid Waste & Recycling Division  
500 15th Ave SW, Cedar Rapids, IA 52404  
319-286-5897  
Hours: Monday-Friday 7:30 am to 3:30 pm.

Cedar Rapids Linn County Solid Waste Agency  
1954 County Home Rd, Marion, IA  
319-377-5290  
Hours: Monday-Saturday 7:00 am to 4:30 pm

Cedar Rapids Linn County Solid Waste Agency  
2250 A Street SW, Cedar Rapids, IA  
319-398-5163  
Hours Monday-Saturday 7:00am to 4:30 pm

Iowa City Landfill and Recycling Center  
3900 Hebl Avenue SW  
Iowa City, IA 52240  
319-356-5185

For more information, visit: [www.cedar-rapids.org/resident-resources/utilities/solidwaste/needlessyringes](http://www.cedar-rapids.org/resident-resources/utilities/solidwaste/needlessyringes)

For sharps disposal outside of Linn and Johnson Counties, please contact your local government or solid waste agency for proper disposal instructions. Thank you for keeping the environment safe.