

ANNOUNCING THE FIRST IN CEDAR RAPIDS endocrinologist

Mercy is pleased to announce that
Endocrinologist Arun K. Movva, MD,
is Cedar Rapids' only endocrinologist.



Arun K. Movva, MD
Endocrinologist
Joslin Diabetes Center
Mercy Health Plaza

Dr. Movva came to Mercy Medical Center's Joslin Diabetes Center from the Joslin Diabetes Center at the State University of New York (SUNY), Syracuse.

"Bringing an endocrinologist to the Joslin Diabetes Center is one more step that Mercy is taking in its commitment to care for patients with diabetes in this community. We can now offer our patients a full spectrum of care," says Lacey Day, Manager of the Joslin Diabetes Center at Mercy Health Plaza.

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*Lacey Day,
Manager of the
Joslin Diabetes Center*

Endocrinologists are specialists trained in diagnosing and treating diseases that affect glands, which are part of the endocrine system and secrete hormones. This includes the thyroid gland, pancreas, pituitary, ovaries and the adrenal glands.

Dr. Movva focuses on patients with the following conditions:

- Uncontrolled diabetes (Type 1, Type 2, and gestational)
- Metabolic syndrome
- Polycystic ovary disease
- Thyroid conditions (including nodule biopsies)
- Lipid disorders
- Hypertension
- Pituitary diseases
- Osteoporosis and other metabolic bone diseases
- Hypogonadism (low testosterone)
- Other endocrine disorders

Patients who are overweight and obese may visit an endocrinologist to have their hormone levels assessed, as hormones regulate appetite, metabolism and energy stability. Medical conditions associated with obesity include insulin resistance, reproductive issues, metabolic syndrome and genetic problems.

Dr. Movva assesses, helps prevent and treats obesity and the resulting health complications.

For more information, please call the Joslin Diabetes Center at (319) 398-6711.

