



## **FL Joint Aspirations and/or Injections**

To Schedule: (319) 861-7778

Questions about Procedure: (319) 398-6050

701 10th Street SE  
Cedar Rapids, IA 52403-1292  
319 398-6011

### **What is a Joint Aspiration and/or Injection procedure?**

Your physician has ordered an injection done under fluoroscopy. It usually involves the shoulder, wrist or hip. Sometimes, it can also be the knee, elbow or ankle areas.

The technologist and radiologist will explain the exam to you and will obtain signed consent. The radiologist or radiology PA will sterilize an area, inject some local anesthetic and then place a long needle into the joint. If your physician has requested an aspiration be done, the radiologist will try to aspirate some fluid that will be sent to the Lab for analysis. If your physician has requested we do a steroid injection, the radiologist will inject some contrast to verify their needle placement and inject some short-term and long-term anesthetics to help with your pain. Images will be taken to document needle placement. When done the area will be cleaned and you will be discharged.

The length of your exam is approximately 30 minutes. For hip, knee and ankle patients, you **MUST** bring a driver with you.

### **Preparation:**

Inform your physician if you are taking blood thinners, aspirin or are allergic to contrast. Females: inform your physician if there is a chance of pregnancy.

**PLEASE BRING A LIST OF CURRENT MEDICATIONS YOU ARE TAKING.**

### **Follow-Up:**

For steroid injecting patients, you may want to keep a daily log of your pain levels to document if you get relief from the injection, and inform your physician of such findings.

The injection site may be painful after the procedure. You may take something for the pain and/or apply ice to the affected area.

### **Parking/Registration:**

Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Ave. SE. You will be pre-registered, so you can proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on Ground (G) level.

**Procedure Results (Who interprets the results):**

A radiologist will review the images shortly after the exam is completed. A written report will be sent to your doctor. Your doctor will discuss the results with you. Please allow your physician time to review these results, usually 2 business days after the exam.

**Your appointment date and time:**

Procedure date: \_\_\_\_\_

Procedure time: \_\_\_\_\_

CPT Code: 20610, 20605