

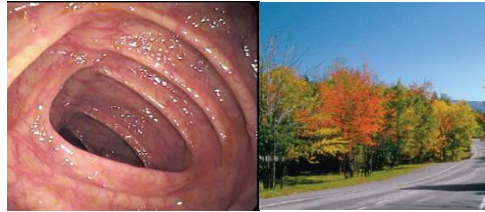
Why is it Important to Get Cleaned Inside?

Your doctor **must** be able to see inside of your colon to do the test right. If it is “dirty” inside of your colon, your doctor may not be able to see important things, like polyps or cancer and may even have to do the test again. That would mean you would have to start over. So, help us help you make this “one and done.”

Imagine This

Think of it this way: a clean colon is like driving on a country road on a sunny day. A dirty colon is like driving in a snowstorm.

When your colon is clean, doing the colonoscopy is like driving on a country road on a sunny day. It is easy to see and to drive.



When your colon is dirty, doing the colonoscopy is like driving on a winter road in a snow storm. It is hard to see and hard to drive.



How do I know when my bowel prep is complete?

The stool coming out should look like clear, **without many particles**. You know you're done when the stool coming out is **yellow, light, liquid, and clear** — like urine. If your prep does not look like the last picture on the right when you are done prepping, call **319-369-4542**.

Below is a guide to help...



Dark
and
murky
NOT OK

Brown
and
murky
NOT OK

Dark
orange
and
semi-
clear
NOT OK

Light
orange
and
mostly
clear
**ALMOST
THERE!**

Yellow
and
clear,
like
urine
**YOU'RE
READY!**