

Cystoscopy

A cystoscopy is a procedure that lets your doctor look directly inside your urethra and bladder with an instrument called a cystoscope.

Before the day of surgery

- Ask your doctor if you need to stop taking blood-thinning medicines like aspirin or coumadin.

On the day of surgery

- You need to arrive 1 ½ - 2 hours before surgery. A nurse will interview you, start an IV and answer any questions you have.

The procedure

- The doctor will pass a thin tube containing a camera into the urinary passage to view all of the urinary structures.
- You will be given medication to help you be more relaxed and comfortable during the procedure or you may be put all the way to sleep. The medication can make you dizzy, forgetful or off-balance for the rest of the day. Please make arrangements for someone to drive you home.
- The procedure is usually short – about 30 minutes or less.
- The doctor will talk with your family member(s) or companion after the procedure.
- After your procedure, you will rest for a short time. Your nurse will give you a drink and any medications your doctor has ordered. We will review your doctor's written instructions with you before you leave.

Going Home

- Plan to rest and drink plenty of water.
- It is not unusual to see some blood in the urine for a day or two. It should lessen each day.
- Sexual intercourse is allowed when comfortable.

Reasons to contact your physician

- You develop a fever
- You are unable to pass urine or empty your bladder
- Blood in your urine increases
- You have any other concerns for the urologist